

WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

PLEASE KEEP SOCIAL DISTANCE

SUN	JUNE 5	PENTECOST SUNDAY 5TH ALL SOULS After – Hospitality - Potluck Acts 2:1-11 Jn 7:37-52 & 8:12 Festal Tone 11:00 Divine Liturgy For All Our Parishioners and For USA and Ukraine by Fr. Alex
Mon	June 6	6:00pm Advisory Board Meeting.
Tue	June 7	8:30am For Our Parishioners and +Andrew Hertz by Betty May Hertz 5:15pm ADULT BIBLE STUDY
Wed	June 8	8:30am For Our Parishioners and HGB Yaroslav by Fr. Alex
Thu	June 9	MOLEBEN TO THE THEOTOKOS -Special Intention 8:30am For Our Parishioners and + Eugene Kokinda by + Eugene Kokinda After - Bible Study 6:00pm - ROSARY - Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
SUN	JUNE 12	SUNDAY OF ALL SAINTS After – Hospitality Heb 11:32-12:2a Mt 10:32-33, 37-38 & 9:27-30 Tone 8 11:00 Divine Liturgy For All Our Parishioners and HGB June McGraw (102) by Thomas McGraw

Happy JUNE BIRTHDAYS

1st Melissa Karlson; 9th Ann Merkley; 9th Matthew Montgomery; 11th Patty Duttry; 12th Anna & Sofia Carden; 14th Lisa Montgomery; 23rd Marc Picconi; 25th Mary Olson; 27th Keith Shockley; 28th Michael Lechman

A special thanks to Dr. Kathleen Decker, Ann Merkley and other Members of **Peninsula Patriots**, an organization that honors veterans with custom hand-made quilts for their service to our country. Representatives from Peninsula Patriots awarded eight parishioner-veterans their quilts along with two special awards. A "Gold Star" quilt was awarded to the family of someone who gave the ultimate sacrifice and a special quilt to Fr. Alex in appreciation for permitting Peninsula Patriots to meet in the church hall to do their design work. A reception followed the presentations. Pictures can be found on ascensionva.org website.

All Are WELCOME, PLEASE ATTEND:

On Wednesday, after Liturgy, Moleben to the Theotokos. On Thursday, after Liturgy, Bible Study, reflecting on Sunday's Gospel Reading

Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Ann Harmeyer, Frank and Chris Janke, Mary Grace Dorsey, Ben Pawers, Betta Labanish, Betty May Hertz, Emma Bernier, Lolly Vinson, June McGraw, Darren and June Hall, Thank you. Fr. Alex

ADULT BIBLE STUDY

Bible Study is held on the first and third Tuesdays. The next Bible study will be on **Tuesday June 7** from 5:15 to 6:30 PM. The subject will be Session Thirteen- Divided Kingdom: Part 1. (1Kings 12-22-2Kings). Please join us for great food and a wonderful conversation-based journey through Scripture! See Dr. Michael Lechman and Michael Bracelin for questions.

PARISH ACTIVITIES: **All activities should be recorded on the main calendar 2022 in the office.** Please write in the activity you are responsible for and let Fr. Alex know the details so he can include it in the bulletin

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

Candles for May :

Sanctuary...For HGB Makoweic Family by Oksana Makoweic
Tetrapod... HGB Adriana Shockley by Keith and Nadia Shockley
Theotokos & Child... HGB Ann Cahill by Chris Noonan
John Baptist... For Alisa Wash by Ann Kelly
St Nicholas... For + Anna Marie Duttry by Patty Duttry
Protection Theotokos... HGB Peter P. Fritz by Elaine and Joe Hampton
Christ Teacher...For HGB Wash Family by Ann Kelly

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps, local honey and HOME MADE PIROHY.

The next Pierogi pinching event will be on Saturday, June 11 starting at 9:00am. Please come and bring a dish for a potluck afterward.

SPECIAL ORDERS WELCOMED.

FINANCIALS, May 29, 2022

Monthly Dues – 700.00; Offertory –2,603.00; Candles-15.00; Holyday–15.00;
In –2,603.00; Out – 376.08

2021 – 2022 Bishop's Appeal Monthly Update March

Goal - \$6,800 Total. Collected - \$ 3,040. Needed to meet goal - \$3,760

God bless America!!!

**Let's Keep Our Parish Safe and Secure
New In Person Training For Our Security Team**

We will have a special 30-minute training session in the Church Hall immediately following the “Pot Luck” lunch **Today, June 5th**. The training will be presented by retired Officer Larry Drumtra. All new and current members of the Security Team are expected to attend.

Let's be prepared and proactive for any event that may happen on church property during our Sunday Divine Liturgy.

Sunday June 12—Grand opening ceremony of Ascension Children's Playground. Please come celebrate with us! And more events to come
Adithia Kusno

**** KITCHEN MAINTENANCE ****

HOSPITALITY- Scheduled person is responsible for setting up and cleaning up coffee and cakes according to the instructions in the coffee cabinet.

POT LUCK LUNCHES

It is **NOT** the responsibility of Hospitality to clean up after Pot Luck. **EVERYONE** is responsible and expected to share in the cleanup!! Remember to take your dishes/utensils home after pot luck. You can wash them in the kitchen or at home. Items left in the kitchen **will be** donated to Goodwill!

FOOD AND/OR UTENSILS SHOULD NEVER BE LEFT

UNATTENDED IN THE KITCHEN!

ALL COUNTERTOPS MUST BE WIPED CLEAN.

What happened to the old-time barber shops?

I remember going to a small “one chair” barber shop in Pewee Valley. As you came into the shop, immediately to your right were three or four chairs along the wall which faced the barber’s chair. On the side walls were book racks filled with old magazines. Behind the barber chair was a large mirror with a single shelf where the owner, Mr. Goattee, kept the tools of his trade, along with his lunch bag.

Folks that came into the shop were greeted and of course asked how they were doing, how’s the family, and what news they might have to share. On the wall was a poster showing various haircuts. You could pick style number one, two or three and so on. It didn’t matter much. Mr. Goattee always gave you the same hair cut; tight on the sides leaving a little extra hair up on top so you would have something to comb. Oh, you could ask for something different. You could sit and describe in detail what you wanted, and Mr. Goattee would listen patiently. In fact, whoever was waiting would listen attentively, nodding their heads up and down in approval. In the end though you got a haircut that was tight on the sides with a little extra up on top so you would have something to comb. When finished he would turn your chair around to the mirror so you could inspect your haircut. Each time he would say “that will hold you for a while”. You then would smile and say just right and hand him \$2.00. The process would then repeat itself until around 4pm when Mr. Goattee would close up the shop and walk the short distance home.

There was no television or radio to listen to. For entertainment you could watch the trains go by across the street from the shop. Next to the shop was the volunteer fire department with its one engine. I do remember that every day at noon the fire station would let off the Civil Defense siren. You tried never to be in the barber chair around noon because Mr. Goattee was a little skittish, and as his hands were already shaking a bit, well it was just safer to come into the shop after the siren went off.

For all the nostalgia, there was a different quality to life back then. I would call it a practiced civility. You would see it on display in barbershops, banks, grocery stores, at

church and on the street. People actually talked to and got to know each other. It was more than the standard “How are you doing”, and “Have a nice day”. This practiced civility I suppose starts around the supper table with the interaction of families, and is reinforced in school, church and other social activities.

So, what’s changed? I would say we’ve crowded our lives to the point of distraction. An example would be the “smart” devices we carry. Another example would be the distraction from electronic media and entertainment, a lot of which is centered on violence and vice. Instead of practiced civility we are practicing self-absorption.

Back in the day, without the constant distraction of the outside world, folks focused on what was happening around them. Life was lived local, and folks paid attention to each other. They listened to each other. They respected each other.

Today, if you go to a barber shop, post office, airport or any place else people gather, you’ll see many are focused on the little black box in their hand, and as far as I can tell, fairly oblivious to those around them. Even in Church, you can see folks checking their e-mails and texting. In a world that supposedly brings everyone closer together through their device, we are becoming total strangers to one another. We are surrounded by people, yet isolated from them.

Practiced civility is essential to our culture and way of life. Those who grow up in a self-absorbed world have problems relating and interacting with others. They do not learn respect. It gets to a point where some will not be able to look at you eye to eye because they do not want to bring you in to their self-imposed isolation. In this you will eventually find a perverted sense of right and wrong.

There is an ongoing debate in America on violence, especially gun violence. It is felt by some that if we simply do away with guns the problem would be solved. Pay close attention to what happens to countries, that give up their guns, and depend entirely on government for their protection. Look at what is happening in this country within our “gun free zones”. No, it’s not as simple as taking away guns. For me, what we need is a few more old-time barber shops.

Love Dad

Nothing but a Number

Japanese mountain climber Yuichiro Miura reached the summit of Mount Everest at age 70. George Brunstad was also 70 when he swam the English Channel. Naval officer Grace Hopper became the first female rear admiral of the United States Navy when she was 79. Margaret Haggerty completed her quest to run a marathon on each of the seven continents when she was 84.

If stories like these teach us anything, it's that senior adults are capable of amazing things.

That was certainly true of Joshua. Even though he was probably nearing the century mark, God had a plan for him. Age didn't matter to God. Rather than telling Joshua to rest, retire or step aside for a younger replacement, God instructed him to get to work.

Perhaps we should take a cue from God in our attitude toward older adults. From an early age most of us were taught to respect our elders. However, too often we confuse politeness for respect. What's the difference? Politeness might include offering a hand to senior adults when they struggle with steps or making awkward small talk with aging relatives at family gatherings. Respect, however, would include realizing that with their years of challenges and experiences these adults are a rich, God-given resource.

In this age of politically correct labels, perhaps a better name for senior citizens is "ultra-experienced adults." God entrusted Joshua with an important duty a quarter century after Joshua reached retirement age because of his vast military experience and knowledge.

Think of the older adults you know. How does God want to use them in your life? What experiences of theirs might benefit you? What life lessons have they learned that might keep you from making a bad decision? And what might you be able to learn from hearing their stories and asking for their advice?

To Take Away

- How would you describe your attitude toward senior adults?*
- Think of two or three seniors you know. What might getting to know them better add to your life?*
- What steps can you take this week to build a mutually beneficial relationship with an older adult?*

Psalm 1

Blessed are they who hope in the Lord.

Blessed the man who follows not
the counsel of the wicked
Nor walks in the way of sinners,
nor sits in the company of the insolent,
But delights in the law of the LORD
and meditates on his law day and night.

Blessed are they who hope in the Lord.

He is like a tree
planted near running water,
That yields its fruit in due season,
and whose leaves never fade.
Whatever he does, prospers.

Blessed are they who hope in the Lord.

Not so, the wicked, not so;
they are like chaff which the wind drives away.
For the LORD watches over the way of the just,
but the way of the wicked vanishes.

Blessed are they who hope in the Lord.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Messiah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 23

Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want.
In verdant pastures he gives me repose;
Beside restful waters he leads me;
he refreshes my soul.

Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths
for his name's sake.
Even though I walk in the dark valley
I fear no evil; for you are at my side
With your rod and your staff
that give me courage.

Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me
in the sight of my foes;
You anoint my head with oil;
my cup overflows.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me
all the days of my life;
And I shall dwell in the house of the LORD
for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Psalm 16

Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge;
I say to the LORD, "My Lord are you."
O LORD, my allotted portion and my cup,
you it is who hold fast my lot.

Keep me safe, O God; you are my hope.

I bless the LORD who counsels me;
even in the night my heart exhorts me.
I set the LORD ever before me;
with him at my right hand I shall not be disturbed.

Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices,
my body, too, abides in confidence;
Because you will not abandon my soul to the nether world,
nor will you suffer your faithful one to undergo corruption.

Keep me safe, O God; you are my hope.

You will show me the path to life,
fullness of joys in your presence,
the delights at your right hand forever.

Keep me safe, O God; you are my hope.

Psalm 138

Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple,
and give thanks to your name.

Your right hand saves me, O Lord.

Because of your kindness and your truth,
you have made great above all things
your name and your promise.
When I called, you answered me;
you built up strength within me.

Your right hand saves me, O Lord.

Your right hand saves me.
The LORD will complete what he has done for me;
your kindness, O LORD, endures forever;
forsake not the work of your hands.

Your right hand saves me, O Lord.

Psalm 113

The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD,
praise the name of the LORD.
Blessed be the name of the LORD
both now and forever.

The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun
is the name of the LORD to be praised.
High above all nations is the LORD;
above the heavens is his glory.

The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high
and looks upon the heavens and the earth below?

The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust;
from the dunghill he lifts up the poor
To seat them with princes,
with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

Psalm 104

Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
How manifold are your works, O LORD!
the earth is full of your creatures.

Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever;
may the LORD be glad in his works!
Pleasing to him be my theme;
I will be glad in the LORD.

Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish
and return to their dust.
When you send forth your spirit, they are created,
and you renew the face of the earth.

Lord, send out your Spirit, and renew the face of the earth.

Psalm 11

The LORD is in his holy temple;
the LORD's throne is in heaven.
His eyes behold,
his searching glance is on mankind.

The just will gaze on your face, O Lord.

The LORD searches the just and the wicked;
the lover of violence he hates.
For the LORD is just, he loves just deeds;
the upright shall see his face.

The just will gaze on your face, O Lord.

Psalm 103

The Lord has established his throne in heaven.

Bless the LORD, O my soul;
and all my being, bless his holy name.
Bless the LORD, O my soul,
and forget not all his benefits.

The Lord has established his throne in heaven.

For as the heavens are high above the earth,
so surpassing is his kindness toward those who fear him.
As far as the east is from the west,
so far has he put our transgressions from us.

The Lord has established his throne in heaven.

The LORD has established his throne in heaven,
and his kingdom rules over all.
Bless the LORD, all you his angels,
you mighty in strength, who do his bidding.

The Lord has established his throne in heaven.

Psalm 15

He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice;
who thinks the truth in his heart
and slanders not with his tongue.

He who does justice will live in the presence of the Lord.

Who harms not his fellow man,
nor takes up a reproach against his neighbor;
By whom the reprobate is despised,
while he honors those who fear the LORD.

He who does justice will live in the presence of the Lord.

Who lends not his money at usury
and accepts no bribe against the innocent.
He who does these things
shall never be disturbed.

He who does justice will live in the presence of the Lord.

Exodus 15

Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant;
horse and chariot he has cast into the sea.
My strength and my courage is the LORD,
and he has been my savior.
He is my God, I praise him;
the God of my father, I extol him.

Let us sing to the Lord; he has covered himself in glory.

The LORD is a warrior,
LORD is his name!
Pharaoh's chariots and army he hurled into the sea;
the elite of his officers were submerged in the Red Sea.

Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them,
they sank into the depths like a stone.
Your right hand, O LORD, magnificent in power,
your right hand, O LORD, has shattered the enemy.

Let us sing to the Lord; he has covered himself in glory.

Psalms 69

Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp
where there is no foothold;
I have reached the watery depths;
the flood overwhelms me.

Turn to the Lord in your need, and you will live.

But I pray to you, O LORD,
for the time of your favor, O God!
In your great kindness answer me
with your constant help.

Turn to the Lord in your need, and you will live.

But I am afflicted and in pain;
let your saving help, O God, protect me;
I will praise the name of God in song,
and I will glorify him with thanksgiving.

Turn to the Lord in your need, and you will live.

"See, you lowly ones, and be glad;
you who seek God, may your hearts revive!
For the LORD hears the poor,
and his own who are in bonds he spurns not."

Turn to the Lord in your need, and you will live.

Psalm 106

Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb
and adored a molten image;
They exchanged their glory
for the image of a grass-eating bullock.

Give thanks to the Lord, for he is good.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Give thanks to the Lord, for he is good.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Give thanks to the Lord, for he is good.

Psalm 99

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his footstool;
holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests,
and Samuel, among those who called upon his name;
they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them;
they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his holy mountain;
for holy is the LORD, our God.

Holy is the Lord our God.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tested me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 106

Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers;
we have committed crimes; we have done wrong.
Our fathers in Egypt
considered not your wonders.

Remember us, O Lord, as you favor your people.

But soon they forgot his works;
they waited not for his counsel.
They gave way to craving in the desert
and tempted God in the wilderness.

Remember us, O Lord, as you favor your people.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Remember us, O Lord, as you favor your people.

Psalm 97

The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice;
let the many islands be glad.
Clouds and darkness are round about him,
justice and judgment are the foundation of his throne.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD,
before the LORD of all the earth.
The heavens proclaim his justice,
and all peoples see his glory.

The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth,
exalted far above all gods.

The Lord is king, the Most High over all the earth.

The Lord speaks of peace to his people.

I will hear what God proclaims;
the LORD—for he proclaims peace
To his people, and to his faithful ones,
and to those who put in him their hope.

The Lord speaks of peace to his people.

Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.

The Lord speaks of peace to his people.

The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and salvation, along the way of his steps.

The Lord speaks of peace to his people.